青锋

三重県立名張青峰高等学校 Mie Prefectural

Mie Prefectural

Nabari Seihou High School

NABARI-SEIHOU

- A place where smiles gather -























School Guidebook

Our School

A place where we nurture the future generation that will thrive in the modern society

Three core strengths nurtured at Nabari Seihou

Independence & Future Aspirations

Global Mindset Sense of Community



Independence & Future Aspirations

- Develop Independence & Strive towards Career Goals -

The school offers a wide variety of courses based on the school curriculum, along with detailed career guidance. We support students aspiring to pursue various career paths, whether aiming for prestigious national and public universities, private universities, junior colleges, vocational schools, or employment.



Global Mindset

- Develop ability to thrive in a globalized society -

Empower students to grow their knowledge, skills, and qualities to participate in community and global-focused discussions. Furthermore, through public speaking, discussions, and presentations, students will enhance their proficiency in the four core skills of listening, speaking, reading, and writing in the English language.



Sense of Community

- Develop understanding and ability to participate in society -

Supporting students in building and further developing their values to connect with their community, fostering strong human connections through school activities, and striving to achieve their goals. We aim to nurture students to become compassionate and active members of society.

Literal Arts & Science

~ Supporting those who strive for tertiary education ~

- This course offers high-level classes equivalent to those offered at national and public universities. Students enhance their academic abilities through a specialized curriculum. Starting from the second year, students are divided into humanities and sciences courses, selecting necessary classes from a specialized group of subjects.
- Through lessons and activities that emphasize inquiry, we foster the qualities and abilities of students who will continue to learn throughout their lives.



Future Creation

~ Centered on cultivating student career goals ~

- This course caters to each student's career aspirations. Students choose classes from various elective subject groups aligned with their career goals. Starting from the second year, students can explore diverse career paths by selecting combinations of elective subject groups.
- Through comprehensive career education, we aim to assist you in developing your own career direction.



We offer a full range of educational activities

- Seminars during school holidays
- Career lectures, guidance sessions, and on-site classes
- Thorough pre- and post-test guidance for off-campus mock exams
- Detailed guidance through tracking study time and regular interviews

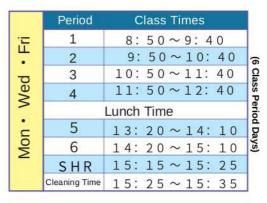








~ approx. 32 hours of classes per week









| | Period | Class Times | |
|------------|---------------|-----------------|-----------------------|
| Tues • Thu | 1 | 8:50~9:40 | |
| | 2 | 9:50~10:40 | จ |
| | 3 | 10:50~11:40 | Cla |
| | 4 | 11: 50~12: 40 | (7 Class Period Days) |
| | | Lunch Time | erio |
| | 5 | 13: 20 ~ 14: 10 | D D |
| | 6 | 14: 20 ~ 15: 10 | ays) |
| | 7 | 15: 20 ~ 16: 10 | |
| | SHR | 16: 15 ~ 16: 25 | |
| | Cleaning Time | 16: 25 ~ 16: 35 | |





Summer Uniform



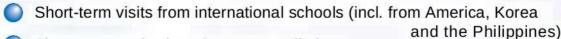


In-between season uniform

Winter Uniform

Global Learning

Diverse international exchange programs and collaborative opportunities



- Short-term study abroad programs offerings
- Online cultural exchange opportunities (with sister school in Lindisfarne, Australia
- Online cultural and English language exchange opportunities (DMM Eikaiwa)
- Long-term study abroad support for students











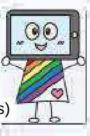






Our school's 'Future Creation' course includes an elective subject called 'Global Communication.' This course aims to cultivate students' abilities to thrive in a collaborative, globalized society. It focuses on enhancing students' skills in public speaking, open discussion, and presentation in English. Additionally, it fosters critical thinking and analytical skills by examining social and global issues relevant to today's world.



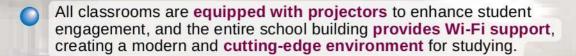






ICT学習環境

School ICT





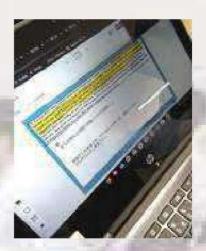
Students have access to personal Chromebooks, which they use not only during class but also during their commute to school and for studying at home.

クラウド学習

Cloud learning environment

- Our school is **certified as a 'Google for Education'** institution, providing a supportive learning environment for students through the use of Google devices and tools.
- Using Google Workspace for Education, our school offers a cloud-based environment that promotes a safe learning environment.





Carried the Kalendher

探究学習

Inquiry learning

We offer a series of Seihou Research classes at Nabari Seihou where students explore their interests and goals. In Seihou Research I, students engage in inquiry-based learning to solve real-world problems. In Seihou Research II and III, students conduct research and present their findings, helping them discover and pursue their career aspirations. Over three years, students learn to shape their futures.









School Club

~Development • Fulfillment • Friendship~

We, at Nabari-Seihou, believe in a well-rounded education that integrates academic learning with practical skills. Guided by the Japanese motto 「文部両道」, we emphasize the importance of both intellectual knowledge and hands-on abilities for holistic growth.

Alongside our rigorous academic programs, we offer 24 clubs encompassing sports, cultural activities, and hobbies. Students are encouraged to join clubs to pursue their interests.

Balancing club activities with studies can be challenging, nevertheless, the experiences and friendships gained are invaluable assets for our students.

Sports & Athletics Clubs

- Track & Field
 Baseball
 Soccer
 Basketball
 Volleyball
- Handball
 Tennis
 Soft Tennis
 Badminton
 Kendo
- Table Tennis
 Hockey

Literature & Arts Clubs

- English Speaking Society (E.S.S)
 Brass Brand
 Calligraphy
 Computer Science
- Broadcasting
 Photography
 Arts
 Literature
 Tea Ceremony
 Koto
- Cooking
 Human Rights

















School Facilities

Homeroom (with ICT Support)





School Library



Student Entrance

(Main entrance from students and location to store their shoes. New shoes boxes had recently been installed for a more modern, pop design)







Training Gym

(Various sports

equipment available)







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三重県立名張青峰高等学校

Google

for Education

http://www.mie-c.ed.jp/hseihou/